



Grass Roots Ultimate Program for Youth

ULTIMATE FRISBEE 2011 YOUTH SUMMER LEAGUE

Ultimate is a fast-paced, non-contact coed sport that involves a flying disc, a lot of running and great team spirit.

- *Learn, play and have fun*—a perfect blend of learning to play and love Ultimate for girls and boys
- Each coed game is coached by experienced players, including a pre-game warmup to develop Ultimate skills
- Discs are provided and each player receives a free disc with registration
- Cleats or running shoes are required—no other equipment needed
- Registration begins May 9

Youth League begins 15 minutes before adult B League so parents playing Ultimate have time to warm up. Youth and B League games are held at Pleasant View Soccer Complex!

League Dates

Monday, June 13–Monday, August 8
Every Monday, except July 4

Time

5:30pm–7:00pm

Location

Pleasant View Soccer Complex
Boulder, CO

General Information

gru.org

Age Divisions

- U12 for youth ages 8–11
- U15 for youth ages 12–14
- U18 for youth ages 15–17

Cost

\$70 per child;
Each additional child in family 1/2 off

Sign-Up

registration.gru.org
(for Adult and Youth League)



Questions? Interested in volunteering? Let Joe know! youth@gru.org