

GRU League: _____ Team Number: _____ Captain(s): _____

GRASS ROOTS ULTIMATE WAIVER AND RELEASE FROM LIABILITY (ADULTS)

Read and sign (required for participation):

I acknowledge that ULTIMATE or any sporting event is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury, or property loss. I HEREBY ASSUME THE RISKS OF PARTICIPATING IN THE SPORT OF ULTIMATE. I hereby take the following action for myself, my executors, administrators, heirs, next of kin, successors and assigns: a) I WAIVE, RELEASE, AND DISCHARGE from any and all claims or liabilities for death or personal injury or damages of any kind, which arise out of or relate to my participation in, or my traveling to and from the Ultimate event, THE FOLLOWING PERSONS OR ENTITIES: Grass Roots Ultimate; League Administration; Sponsors; Players; Captain and Coaches; Boulder Valley School District; and the officers, directors, employees, representatives and agents for any of the above; b) I AGREE NOT TO SUE any of the persons or entities mentioned above for any of the claims or liabilities that I have waived, released or discharged herein; and c) I INDEMNIFY AND HOLD HARMLESS the persons or entities mentioned above from any claims made or liabilities assessed against them as a result of my actions.

BY SIGNING BELOW, I HEREBY AFFIRM THAT I AM EIGHTEEN (18) YEARS OF AGE OR OLDER, I HAVE READ THIS DOCUMENT, AND I UNDERSTAND ITS CONTENTS.

Printed Name: _____ Signature: _____ Date: _____

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